

# FACT SHEET FRIDAY NIGHT LIVE, CLUB LIVE, FRIDAY NIGHT LIVE KIDS, & FRIDAY NIGHT LIVE MENTORING

#### **Background**

Friday Night Live (FNL)-based programs build partnerships for positive, healthy youth development that engage youth as active leaders and resources in their communities. Youth have the opportunity to develop skills and plan activities in concert with their peers and adult advisors. The programs are youth-driven which provide meaningful roles for the participants. Programs build community partnerships that support youth, helping to foster their sense of autonomy and self reliance. This promotes the belief in a young person's capacity to contribute. In supporting the holistic development of youth, FNL has gone well beyond basic approaches. Youth that were merely recipients of prevention messages are now planning and conducting community prevention actions.

FNL programs apply evidence-based practices and utilize a youth development model which is an ongoing process that engages young people in building skills, attitudes, knowledge, and experiences that prepare them to be fully capable and competent individuals. The goal is to promote developmental outcomes, not just problem prevention or achievement outcomes.

There are four components to FNL-based programs. FNL is predominantly geared towards high-school aged youth, Club Live (CL) is the middle/junior high school piece, FNL Kids focuses on 4<sup>th</sup> - 6<sup>th</sup> grade youth, and FNL Mentoring matches high school

youth with middle/junior high school youth using an evidence-based curriculum. The locations of individual programs, known as "chapters", have broadened over time from school campus programs to recreation facilities, housing projects, youth centers and youth detention centers.

FNL currently has 433 chapters throughout California reaching 89,437 youth, CL has 246 chapters reaching over 46,653 youth, FNL Kids has 166 chapters reaching 18,435 youth, and FNL Mentoring has 84 chapters reaching 7,694 youth.

Currently, 53 of California's 58 counties have FNL, CL, FNL Kids and/or FNL Mentoring programs.

### FNL Gambling Awareness and Prevention

The recent increase of online gambling, poker nights, expanding casinos, and sports betting among youth have put this generation at greater risk for gambling addiction.

The "Betting on Our Future" media campaign is a youth-based project to raise awareness of problem gambling and empower youth to change their communities. FNL youth are responsible for scripting, coordinating, and producing live dramatic performances and video projects to communicate the risks and signs of problem gambling among youth. FNL participants also have the opportunity to create gambling themed artwork which is used in informational brochures and

handouts geared toward parents. FNL has also developed supplemental classroom curriculum and activities to educate  $4^{th} - 6^{th}$  grade students on the risks and consequences of gambling.

#### **FNL and Traffic Safety**

FNL programs have a long history of tackling youth-related traffic safety issues, such as bicycle/helmet safety, seat belt safety and drinking driver awareness. Youth-driven traffic safety campaigns and projects are an important component of FNL, CL, FNL Kids, and FNL Mentoring programs and offer a positive approach to increasing the safety and well-being of youth.

#### **California Friday Night Live Partnership**

The California Friday Night Live
Partnership (CFNLP) is the statewide
technical assistance and training entity for
all FNL-based programs. They also offer
support to the California Friday Night Live
Collaborative and administer the FNL
Mentoring, Office of Problem Gambling and
Office of Traffic Safety grants.

## California Friday Night Live Collaborative

The California Friday Night Live
Collaborative (CFNLC) is comprised of FNL
County Coordinators. The CFNLC acts as
the leadership voice to the CFNLP and
other interested bodies on behalf of the
field. The CFNLC, with support from the
CFNLP, developed a process termed
Members-In-Good-Standing to establish a
peer-driven accountability system with
clear standards and measures to ensure
statewide consistency in all FNL programs.
This group addresses concerns common to
FNL Coordinators and upholds the mission,
program operating principles, and the five
Standards of Practice for FNL programs.

For more information regarding FNL, CL, FNL Kids and FNL Mentoring programs, please contact the CFNLP at (559) 733-6496, visit the CFNLP website at <a href="https://www.fridaynightlive.org">www.fridaynightlive.org</a>, or contact ADP's Program Services Division, Prevention Services, at (916) 324-4398.